

# Greater Cincinnati Emmaus and Chrysalis Community News

"As they talked and discussed these things with each other, Jesus himself came up and walked along with them."  
Luke 24:15

## Remembering to Remember A Word from our Spiritual Director

"The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body which is given for you; do this in remembrance of me.'"

1 Corinthians 11:23b-24

Do you misplace things once in a while? Or, maybe you have trouble remembering things sometimes? If car keys, eye glasses, cell phones or other small items seem to have lives of their own, or if you've ever had trouble remembering what you went to the grocery store to buy, then welcome to the human race. Forgetfulness is part of our human condition.

I think Jesus was well aware of this very human trait because He urged us not once, but twice, to remember Him in the First

Corinthians passage: we are to take the bread "in remembrance of me" and drink from the cup of the New Covenant "in remembrance of me." Incidentally, this scripture is the earliest account of The Last Supper in the Bible, predating even the gospels. Jesus knew we'd need to remember to remember!

Despite these simple instructions, Christians have interpreted The Lord's Supper in many ways. Are the elements the actual body and blood of Jesus? Or, do the elements symbolize his body and blood? How old do you have to be to take communion? How often should you receive it? What kind of bread should be used? Should wine or grape juice be



August 2014

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served? The list seems endless. The theology often divides us.

But Jesus' words are clear, and I believe we are to remember Him in whatever way, shape or form touches our hearts and minds as we prepare ourselves to receive the elements. Indeed, there are probably times when we don't bring words to the communion table as much as feelings such as profound gratitude or belongingness or love (to name just a few) that come to us through Jesus.

So while we often forget things in our everyday lives, let's *remember* [key word here!] how blessed we are that Jesus gave us this powerful "means of grace" so we'll never forget who we are and whose we are!

Faithfully,  
Bob Clo, Assistant  
Community Spiritual  
Director

"Jesus knew we'd need to remember!"

## From Our Community Lay Director.....

### Emmaus/Chrysalis – Diverse but United

I Corinthians 12:13: “For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. For by one Spirit we were all baptized into one body; whether Jews or Greeks, whether slaves or free; and have all been made to drink into one Spirit. For in fact the body is not one member but many.”

Let’s look more closely at this verse and apply it to Emmaus and Chrysalis. We know that Emmaus is the “parent” and Chrysalis is the “child,” Therefore, should we not nurture Chrysalis as we would nurture our own children? Of course! We are all one body in Christ. This is not a goal to achieve; it is a fact to be recognized. Even as our human body is linked by one heart pumping blood through one blood stream, the parts of our body look different, work differently, and accomplish different purposes. Paul wrote about the eye not being the ear

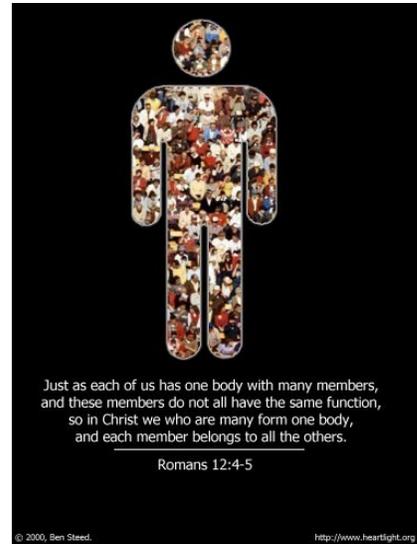
and the feet not being the hands. We recognize that there is great diversity in our human bodies. Since we are one Body, we also recognize that there is great diversity in the body of Christ as well, both in appearance and function, yet each member has a common root and a common goal: to build the Kingdom of God.

Not only is the diversity in the body of Christ acceptable, it is essential! The body cannot work properly if all are hands or if all are feet. The body must have different parts and gifts, or it would not work together effectively as a body. In this diversity, we see the wisdom of our Creator: *Everybody has something; but nobody has everything!*

What would happen if we neglected one or more parts of our body or if there was a part of our body that only lived to serve itself, if it refused to contribute anything to the rest of the body? What if our hands refused to feed us, our feet refused to walk or our ears refused to hear? Obviously the ramifications would be

devastating! Sooner or later we would die.

I’ve said all that to say this: Emmaus and Chrysalis are one Body. Let’s recognize that fact and celebrate it!



Ev Gillming  
Community Lay Director

### Treasurer’s Report:

This year has been an expensive one for our Emmaus Community. The move back to the Hyde Park Church brought with it the need to purchase new mattresses and bed frames to comfortably accommodate pilgrims and team members. We are also doing a long needed update to our website so we can do a better job of keeping you informed and welcoming those who might be looking for more information about us. We also have ongoing expenses associated with Walks, such as office supplies, scholarships for Walk fees, etc. Please prayerfully consider making a donation to support God’s ministry through our beloved Emmaus community. Thank you!

Susan Wisner, Treasurer

# And a Little More From Our Community Lay Director.....

## A Word About the Emmaus Board of Directors

Are you looking for a way to become more involved with your Emmaus Community? Is God calling you to serve in a new way? Then please consider joining the Board of Directors. Board members serve for three years. We elect new members each year as folks complete their term. Next year (starting January 2015), the positions coming open are Women's Registrar, Logistics, and Social. Below is a description of the responsibilities for each of these positions. Please prayerfully consider this important opportunity. If you are interested or simply have questions, please contact Ev Gillming (513-965-8690 or elvalee@fuse.net) or any board member. Our Community cannot exist without a working Board of Directors.

### Emmaus Board Members:

Serves as the policy-making body of the Greater Cincinnati Emmaus Community and will meet monthly to address issues concerning the community. The local board receives its direction from the divine guidance of the Holy Spirit and the Emmaus International Movement of the Upper Room. Board members are strongly encouraged to recruit others from within the community to assist them in the performance of their duties. Outgoing board members will help orient and train their replacements. All Board Members strive to attend all Board Meetings, Gatherings, and Retreats.

### Registrars:

Receives applications, ensures that the needed information is included on the application, keeps records of fees and amounts to be collected at registration. Works closely with the Treasurer to ensure that all scholarships are approved. Sends out acknowledgement and confirmation letters to pilgrims. Sends letter to sponsors outlining their responsibilities. They are available for questions from sponsors prior to walks. Enters pilgrims information into the data base and ensures that the Newsletter Editor, Logistics, Weekend Lay Directors and Web Master receives a list of pilgrims on all walks. Maintains the current pilgrim roster on the community website prior to each walk. Secures lanyards from the community for the crosses handed out at Closing. Communicates any special dietary needs with the Social Chair and any other special needs to the Logistics Chair and Weekend Lay Director. Be available on Thursday night of each Walk for check-in.

### Social (Kitchen):

Oversees the meal planning during all Emmaus Walks. Works closely with the caterer and the registrars to ensure that any special dietary needs of the team or pilgrims are accommodated. Ensures that all food and supplies are purchased and available for each weekend. Instructs kitchen volunteers as to the set-up, serving and clean-up of each meal. Oversees the decorating of the dining room especially the Candlelight Dinner on Saturday night. It is highly recommended that volunteers be recruited to serve as "meal captains" for each meal during the weekend. The Social chairperson is responsible to train and guide meal captains to assume this role. He/she should be available to address any problems that may arise during the weekend.

### Logistics:

Prints all materials necessary for the Walks, nametags, bed tags, table names, folder names and agape bag names. Maintains the job and prayer boards and ensures that they are available at the Gatherings. Works closely with the Registrar's and weekend Lay Directors to ensure that the pilgrim and team lists are accurate. Be available on Wednesday night before the walks to set up the Agape room and answer any questions that the team may have. Works closely with the weekend Logistics people and ALD's to ensure that the weekend runs smoothly. Coordinates with the Supplies chairperson to ensure that all materials are on hand for the weekends. Ensures that clean-up is completed and all rooms are returned to their prior configuration at the end of the weekends. It is highly recommended that community volunteers be recruited to assist.



There are seats at the table. Will you be the one to answer God's call?

## Hey Sponsors! The Clock is Ticking!



My, how time flies! The Fall 2014 men's and women's Walks are just around the corner, with the winter Walks not far behind in February and March. If you are praying about inviting someone to attend an upcoming walk, now is the time to plant the seed. Don't wait until just a few weeks before the Walk date to issue the invitation. Many prospective pilgrims need time to prepare and to coordinate such things as time off work, childcare, appointments, and so forth. There is still space for the men's walk in October, but the women's in November is on the verge of being full. Get those applications in now!

They don't need to feel locked in simply because they submit an application early and pay the \$25 deposit. If something comes up or a walk is full, we can hold the deposit for a future walk. Being proactive will help to ease the stress some people might feel when we get within two weeks of a walk start date and have fewer than the minimum number of pilgrims to have the walk.

## CHILD CARE

Childcare is available for Candlelight, Closing and Gathering events. The cost is \$5.00 per child per event. Make reservations at least 48 hours before the event.

Cancellations must be made no less than 24 hours before the event. For reservations, contact Rebecca Homan at 513-979-8193 or by email at rhoman@hpcumc.org.

You will need to provide your name, phone number, and the name and date of the event for which you need child care. You will also need to provide the names and ages of your children.

Payment is due at the time of the event.

## Calling all crafters!

Are you a crafty person? We are always in need of lanyards for new pilgrims. If you would like to support our community by making lanyards, that would be fantastic. For uniformity, we do prefer Red Heart Classic, 950 Mexicana Color, worsted weight, 4 ply. Each skein will make approximately 8-10 lanyards.

You can bring the lanyards to any Gathering or Candlelight, drop them off at Hyde Park Community UMC (put them in the Emmaus box in the mailroom) or contact either Sharon Wright or Linda St. Myers to make other arrangements. Their phone numbers are on the last page of the newsletter.



## Chrysalis News and Notes



"Chrysalis" is the name chosen for the youth and young adult version of The Walk to Emmaus, its parent movement, because it symbolizes the spiritual growth that is essential between adolescence and adulthood. That growth is as crucial for youth as the cocoon is for the caterpillar. It is that precious time of nurturing a person's faith for discipleship. Get more info at [www.cincinnati.chrysalis.org](http://www.cincinnati.chrysalis.org).

### 2015 FLIGHTS

Young Women's, Jan 17-19, 2015  
 Young Men's, Feb 14-16, 2015  
 Milford First United Methodist Church  
 541 Main Street, Milford, OH 45150

Give a young person the gift of "flying with Christ" on a Chrysalis flight. Be a sponsor!

## Sponsor Training Goes On the Road!

Would you or your church like to host a sponsor training? Janet Steele, our community chairperson for education/sponsor training, is available to come to your church to conduct sponsor training for those community members in your church who are unable to attend the training on Gathering Thursdays at Hyde Park Community UMC. The session would last about one hour. She will also provide Emmaus and Chrysalis brochures for your information table.

Shiloh United Methodist Church has opened its doors for us to conduct this training in early

September following their Sunday services. They are the first. Will your church be next? Contact Janet Steele at 560-4912 if you would like to make this happen at your church.

Have training, will travel!



### And Just a Few Friendly Reminders.....



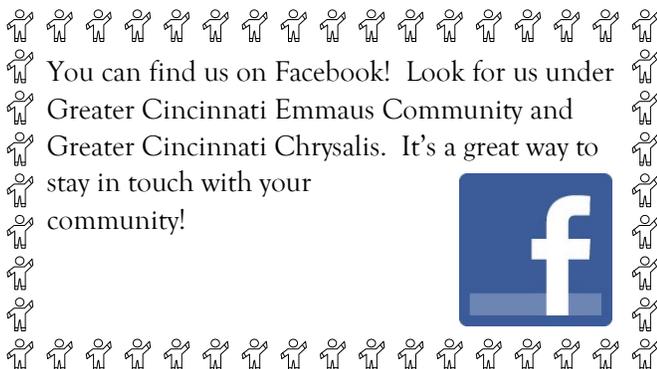
We are still accepting donations of new or gently used books for the agape book table. Bring them to any gathering or candlelight or contact Linda St. Myers at [lstmyers@cinci.rr.com](mailto:lstmyers@cinci.rr.com) or 513-874-0514 to make other pick up or drop off arrangements.



If you have never served on a weekend live-in team or if it's been a while and you want to serve in capacity, submit an application. Just go to our website, [http://www.cincinnatiemmaus.org/pdfs/application\\_to\\_serve.pdf](http://www.cincinnatiemmaus.org/pdfs/application_to_serve.pdf), print the application and send it as indicated at the bottom of the form.



The Fall walks for both men and women are coming up in October and November, respectively. If you want to serve behind the scenes through prayer, meal service, etc., sign up on the job boards today! It's quick and easy—just go to <http://www.cincinnatiemmaus.org/jobs.php> then follow the links to the area of service for which you want to sign up.

 You can find us on Facebook! Look for us under Greater Cincinnati Emmaus Community and Greater Cincinnati Chrysalis. It's a great way to stay in touch with your community!



<b>2014 Board of Directors</b>		<i>Worshipfully Working Together</i>
<b>Position</b>	<b>Name</b>	<b>Phone</b>
Agape	Linda St. Myers	513-874-0514
Community LD	Ev Gillming	513-831-4540
Community LD Emeritus	Bob Evans	513-583-5052
Community SD	Rod Fightmaster	513-508-4147 cell
Community ASD	Bob Clo	419-270-1604 cell
Education	Janet Steele	513-560-4912 cell
Good Shepherd	Jack Gillming	513-831-4540
Leadership Chair	Jeff Markovic	513-260-4783
Logistics	Kristin Kelly-Murray	513-633-2150
Men's Registrar	Jennie Heflin	513-560-5331 cell
Co-Men's Registrar	Marvin Jones	513-967-5525 cell
Newsletter	Robin Shehan	513-474-2708
Outreach	Annise Anderson	513-961-0621
Outreach	Chris Khwaja	513-304-8201 cell
Outreach	Brian Pickens	513-484-6059
Secretary	Les Sper	513-398-9280
Social	Mollie Behrmann	513-675-2135 cell
Social	Tracy Cole	513-259-1900
Supplies	Sharon Wright	513-404-0456 cell
Treasurer	Susan Wisner	513-561-3156
Webmaster	Aaron Smith	513-544-1060
Women's Registrar	Linda Evans	513-680-5455
Women's Registrar	Lisa Linne	513-289-6706
Worship	Todd Whitman	513-439-4394
Worship	Kimberly Heileman	513-349-4612
Hyde Park CMUC Liaison	Sharon Michaelson	513-761-5571

## 2014-2015 CALENDAR

### Upcoming Emmaus Walks

Men's Walk #95, Oct 16-19, 2014  
 Women's Walk #113, Nov 13-16, 2014  
 Men's Walk # 96, Feb 19-22, 2015  
 Women's Walk #114, Mar 19-22, 2015

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 Gathering, Thursday, Sep 4, 7:30pm  
 Board Meeting, Monday, Sep 8, 6:30pm  
 Candlelight, Oct 18, 8:30pm  
 Closing, Oct 19, 4:00pm  
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All Emmaus events take place at  
 Hyde Park Community UMC  
 1345 Grace Avenue  
 Cincinnati, OH  
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Sponsor training before Gatherings—6:30 in the parlor  
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Please make childcare arrangements before attending  
 Candlelight and Closing. It is inappropriate for  
 children to be present at these services. See page 4 for  
 details on using our coordinated childcare.

Christ is Counting On You!



ADDRESS SERVICE REQUESTED

Greater Cincinnati Community  
 Hyde Park Community United Methodist Church  
 1345 Grace Avenue  
 Cincinnati, OH 45208  
 (513) 871-1345

Emmaus

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