

GREATER CINCINNATI EMMAUS & CHRYSALIS COMMUNITY NEWS

"Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!" 2 Cor. 5:17

Women's Walk #100 March 19-22

"I can do ALL things through CHRIST who gives me strength".

Philippians 4:13

Please remember to keep these sisters in Christ in your prayers so that their hearts will be prepared and their eyes would be opened to the Lord to work in and through them.

Please log onto www.cincinnatiemmaus.org for a complete list of pilgrims for the upcoming Walk.

TEAM ROSTER:

Jenny Partridge	ALD	Priority
Dave Weaver		Prevenient Grace
Liz Youngs	Music	Priesthood of All Believers
Suzanne Fountaine		Justifying Grace
Laurie VanDierendonck	TL	Life of Piety
Donna Loudon	TL	Grow Through Study
Stephanie Tunison	SD	Means of Grace
Lucy Trumbull	TL	Christian Action
George Brown		Obstacles to Grace
Nicole Harrison	ALD	Discipleship
Lynn Johnson	TL	Changing Our World
Jill Croswell		Sanctifying Grace
Barb Vogt	TL	Body of Christ
Carol DeGreg	LD	Perseverance
Linda Evans	ALD	Fourth Day
Bonnie Fightmaster	Music	
Donna Goens	BR	
Kimberly Heileman	ATL	
Carley Metsker	ATL	
Chrissy Staley	ATL	
Darlene Branham	ATL	
Trudy Fruechtemeyer	ATL	
Cheri Pogue	LOG	
Mary Ann Crowley	LOG	ph 513.518.2175

<u>Pilgrim</u>	<u>Church</u>	<u>Sponsor</u>
Cindy Boyll	Montgomery Community Church	LuAnn Kanavy
Ashley Barthel	Miami Whitewater UMC	Laura & Bonnie Fightmaster
Barbara Hirsch	Northwest Vineyard	Nicole Harrison
Cari Kehr	Milford First UMC	Kim Chamberland & Karen Brady
Carolyn Kindle	St. Paul UMC	Donna Goens
Cindy Grant	Westwood UMC	Barbara Antell
Claire Darley	North Presbyterian Church	Theresa Beuerlein
Courtney Isaacs		Paula Mehl
Dana Massie	First Christian Assembly of God	Debra Reyland
Dawn Acus	Milford 1st UMC	Vicky Oullette
Ethel Weber	Immanuel UCC	Amy Patton
JoAnne Highley	Amelia UMC	Barbara Mullins
Julie Mehl		Paula Mehl
Karen Argo	Westwood UMC	Jan Peter
Margaret Eichhorn	Vineyard Westside	Colleen Zuber
Marlene Mittendorf	Amelia UMC	Carol Dieckman
Martha Seymour	Zion UMC	Bonnie Fightmaster
Nancy Byers	Amelia UMC	Debbie Maple
Nicole Hilliker	Miami Whitewater UMC	Laura Fightmaster
Nicole Schimpf	Clough UMC	Jemma Tennant
Pauline Kareth	Mt. Zion-St.Paul UCC	Amy Patton
Rebecca Skerritt	Amelia UMC	Jennifer Pike
Robin Shehan	Mt. Moriah UMC	Jennifer Heflin
Shawna Dunn	Mt. Carmel Christian Church	Lori Markovic
Trisha Brush	Mt. Zion-St.Paul UCC	Peggy Wildey & Amy Patton
Verda Marie Johnson	Oxford Bible Fellowship	Debra Reyland

SPONSORS. . . .

Remember 4th Day Books are available for purchase (\$5.00) at Sponsor's Hour. They are a great gift for a Pilgrims 4th Day!

Come to the Gathering

Please join us for the March Gathering on Thursday, March 5 at 7:30 p.m. in the Grace Little Theater

Letter from the Emmaus Community Spiritual Director -

Dear Ones,

Lent is here already. As Christians we started this season with Ash Wednesday services where we were called to repentance and reconciliation. Ashes from burned palm branches were used as a sign to us of our mortality and need for penitence.

In the weeks ahead we will focus on the passion, death and resurrection of our Lord and Savior, Jesus Christ. It is a time of remembrance of Jesus journey from the upper room, to the cross, to the tomb, and to the garden.

How do you observe this holy time? A common practice is to give something up for Lent.

I don't want you think so much about what you will physically give up, as I want you think about who you are. How are you doing on your spiritual journey? Don't be overly critical, but where is God nudging you to improve upon your thoughts, words and deeds? Be bold, use this time for honest and healthy self-examination. Then ponder what thoughts, words, or deeds you may want to shed from your daily life.

Traditionally Lent was a time when new converts in the church prepared for Baptism. Other folks who felt their behavior was so shameful stopped attending church. They separated themselves from their church family but now returned to their community of faith. Yes, they had repented and sought forgiveness. And yes, they were restored to the life of the church. Lent reminds all of us that we separate ourselves from time to time, yet there is a pathway home.

Have you pulled away from God, church, friends or family believing that if they knew what you had REALLY done, they wouldn't love you or like you? Express your sorrow to God. By prayer, fasting, reading and meditating on the word of God, you will start your journey back into renewed fellowship with Christ and your loved ones. We are all mortal, and our loving God awaits our return. We ARE restored by the power of the Holy Spirit.

Dear Ones, take the first steps this Lenten season. Let us humble ourselves as Christ humbled himself. May we remember all that Jesus did for us on the cross and may we move into a season of resurrection in our own lives, throwing off the grave clothes that encumber us.

May God richly bless each one of us as we walk this faith journey together in Christ.

De Colores,

Stephanie Tunison
Spiritual Director



www.cincinnati.chrysalis

HOOT!



Saturday, March 14
Milford First UMC
7:00 p.m.
All are Welcome!

For information about participating in worship through Music at Gatherings or Candlelight; Clown or Mime services for Emmaus or Chrysalis, please contact: Jeff Markovic 260-4783 cell or jmarkovic7@gmail.com.

Sponsoring a Pilgrim?

Please send the applications directly to the Registrars:

Men

Chris Khwaj
437 Miami Lake Dr.
Loveland, Ohio
45140
513-697-95

Women

Cheri Pogue
703 Miami View
Loveland, OH
45140
513-697-1124

Top Ten Agape List

10. It is a special gift of love to the pilgrims.
9. It comes in many forms.
8. Letters to pilgrims and team (they need uplifting also).
7. It only take 60 pieces for table agape (Friday, Saturday , and Sunday meals).
6. Bed agape is really nice, 60 pieces for team and pilgrims.
5. Praying for the pilgrims and team is agape.
4. Signing up to serve on the “Job Boards” at gatherings or on line is agape.
3. Praying in the Prayer Chapel during the walk is agape.
2. Agape shouldn't end after your pilgrim walk.
1. Remember the greatest agape - Jesus died for you and me because he loves us!!!

As a community, we send agape to other Emmaus, Chrysalis, and Kairos communities, and we receive agape from those communities (remember the wall of agape during your pilgrim walk?)

Please spend time in prayer - the Lord will guide your agape (gift of love) to the men and women who attend this wonderful experience, “The Walk to Emmaus.”

DeColores,
Sandy Nickolin

Emmaus Lay Director's Letter to the Community

Wow! What a month February was for the Greater Cincinnati Emmaus Community.

First, at the Gathering where we celebrated 100 Women's Walks, the room was filled to overflowing. But it was not just the physical space being filled to overflowing. When we prayed, “Come Holy Spirit”, our prayers were answered the in that it was hard to end the Gathering. And then, the February Men's Walk was full. Candlelight was standing room only – there was a worry that we might run out of candles. In addition, were listening to the testimonies at Closing, it was apparent that the Walk was definitely Spirit-filled.

I want to thank the Emmaus community for all the support for the Gatherings and the Walks. You are making my role as Community Lay Director very easy. But before we pat ourselves on the back too much, let us not forget to call on the Holy Spirit to guide us on the March Women's Walk #101. May it be just as Spirit-filled.

We have additional events planned that include:

- ◆ having a Native American story teller leading us at our April Easter Gathering.
- ◆ having our May Gathering on the “West Side” at the Shiloh UMC.
- ◆ having our June Gathering on the “East Side” at the Epiphany UMC.

We are taking a couple Gatherings away from Hyde Park in an attempt to not only reconnect with some of our community that may have stopped coming to Gatherings, but also connect with potential pilgrims. It will be interesting to see which side of town will have the bigger turnout for the Gathering.

I want to ask for your continued support and ask you to keep praying for the Holy Spirit to guide us.

DeColores,
Bob Jewett

2009 Board of Directors *Worshipfully Working Together*

Spiritual Director.....	Stephanie Tunison.....	861.8483
Lay Director Chair	Bob Jewett	896.7305
Vice Chair//Leadership.....	Lori Markovic	260.4784
Lay Director Emeritus	Patti Schmidt.....	941.4804
Secretary.....	David Troller	248.4150
Treasurer.....	Howard Sloneker	494.1548
Agape.....	Sandy Nickolin.....	841.1645
Worship	Jeff Markovic.....	528.0217
Chrysalis Rep.....	John Groth.....	265.0735
Community Education Training.....	Kathleen Bauer.....	271.2618
Good Shepherd.....	Ron & Donna Goens	984.8553
Logistics Coordinators.....	JoAnne Rouse-Clark	351.6263
	Chris Brown.....	256.7535
Registrar—Men.....	Chris Khwaja	697.9578
Registrar—Women.....	Cheri Pogue	697.1124
Newsletter.....	LuAnn Kanavy	697.8641
Outreach.....	Elvalee Gillming.....	831.4540
Social.....	Cindy Gordon.....	677.1289
Supplies.....	Judy Leidy	859.384.7623
Web Master.....	Aaron Smith.....	544.1060

2009 CALENDAR

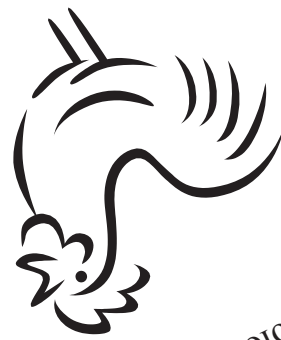
Women's Walk #101, March 19-22
 Men's Walk #85, Oct. 15-18
 Women's Walk #102, Nov. 12-15

Board Meeting: Monday, Mar. 2, 6:30 p.m.
 Gathering: Thursday, March 5, 7:30 p.m.
 Board Meeting, Monday, Mar 30, 6:30 p.m.
 Gathering: Thursday, April 2, 7:30 p.m.
 Gathering: Thursday, May 7, 7:30 p.m.

Please make childcare arrangements before attending Candlelight and Closing. It is inappropriate for children to be present at these services.

For complete Pilgrim Lists, Applications, Emmaus information and links to other communities, log on at www.cincinnatiemmaus.org.

Christ is Counting On You!



DeColores!

ADDRESS SERVICE REQUESTED

Greater Cincinnati Community
 Hyde Park Community United Methodist Church
 1345 Grace Avenue
 Cincinnati, OH 45208
 (513) 871-1345

Emmaus

NON-PROFIT ORG.
 PERMIT #2331
 U.S. POSTAGE PAID
 CINCINNATI, OH