

Greater Cincinnati Emmaus and Chrysalis Community News

"As they talked and discussed these things with each other, Jesus himself came up and walked along with them."
Luke 24:15



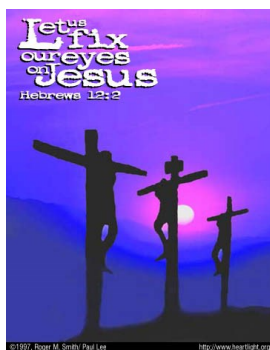
A Word From Our Spiritual Director

March 2014

As we begin our annual journey to the cross and the empty tomb, I would like for each of us to take these next 40 days to contemplate all that God did for us when He allowed His only son to be sacrificed so that we might receive the gift of eternal life. One of the foundations of the Emmaus experience is to understand more fully God's grace, that unmerited, undeserved gift that God gives to us, His beloved children.

Jesus spent forty days in the wilderness tempted by all that Satan could offer. We too experience our own days wondering, wandering in our own wilderness, searching, seeking God's

plan for our lives. Jesus resisted the temptations that the world offered, he continually turned to his father for strength and guidance. He spent his



lonely days in constant contact with God, not just to resist Satan but to experience more fully his own relationship with God.

We have the opportunity to grow as Jesus did. The scriptures tell us in Hebrews that Jesus experienced all and more than we will in our lives and yet because of God's grace and love He was able to turn from earthly desires and focus on fulfilling God's plan in His life. Let's dedicate our hearts and lives for the Lenten season to our own spiritual growth through intentional prayer, study and worship.

Spend time with Christ as you live your lives in Christ!

DeColores
Rod Fightmaster

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Special Invitation!
Join us for a
Community Seder Meal
April 3. See page 4 for
details.

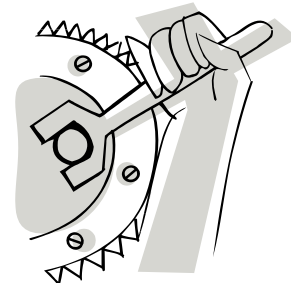
With Change Come Adjustments

As most of you already know, we have made the transition from the Erie Building back to the main Hyde Park Community UMC building on Grace Avenue for our Walk to Emmaus weekend. That transition took place in February with Men's Walk

#94. And with any old that is new again, there are some things we need to let our community know about so that each Walk weekend is better than the one before. With Women's Walk #112 coming up on March 20-23, now is a good time to

bring some of these adjustments to your attention or to reemphasize some things we mentioned in last month's newsletter.

Meal servants - We had a great response last month from the community in



(Continued on page 7)

Women's Walk #112

March 20-23, 2014

Please remember to keep these sisters in Christ in your prayers so that their hearts will be prepared and their eyes would be opened to the Lord to work in and through them.

PILGRIM	CHURCH NAME	SPONSOR
Debbie Albright	Montgomery Community Church	Lucy Trumbull
Anita Beason	Cheviot UMC	Sandy Hauser
Kristina Bowen	New Prospect Baptist Church	Regina Lynch
Kerry Chevalier	Clough UMC	Nicole Schimpf
Michelle Clark	Emmanuel UMC	Regina Bowman
Cathy Davis	Cheviot UMC	Amy Morand
Tiffany Fears	Crossroads Community Church	Ike Fears
Becky Grosse	Cheviot UMC	Amy Morand
Becky Hardy	Hope Church	Claudia Pittenger
Debhora Herron	St. Louis Catholic Church	Lynn Derflinger
Sandy Hess	Church of the Saviour UMC	Jan Heller
Michelle Hollifield	Crossroads Community Church	Linda St. Myers
Jessica Linne	Northstar Community of Grace	Lisa Linne
Marcie Longenecker	Horizon Community Church	Susan Wisner
Barbara Maret	Cheviot UMC	Sandy Hauser
Vickie McAvoy		Ria Reinhardt
Donna Meeker	Owensville UMC	Lynn Derflinger
Debbie Nickell	Owensville UMC	Brad Derflinger
Judi Peck	Crossroads Community Church	Karen Peck
Suzanne Poppe	Summerside UMC	Teresa Rutherford
Norma Riley	Hope Church	Patricia Davis
Caitlin Roberts	Center Point Christian Church	Linda Evans
Kristi Rohlfer	Crossroads Community Church	Todd Whitman
Judi Schultz	Milford First UMC	Keith Conover
Pearline Singletary	New Prospect Baptist Church	Annise Anderson
Dani Sucher		Linda Evans
Tia Swinford	Community Missionary Baptist	Bryan Swinford
Marjean Wedig	Shiloh UMC	Barb Rebennack
Diana Willey	Owensville UMC	Brad Derflinger
Jane Wiseman	Crossroads Community Church	Kirk Wiseman

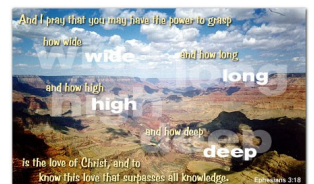
This list is accurate as of the date of publication to the website. Log onto www.cincinnatiemmaus.org for any updates between publication and the start date of the Walk.

TEAM ROSTER

Name	Position	Talk
Carolyn Hatcher	LD	Perseverance
Stephanie Tunison	SD	Means of Grace
Elaine Parulis-Wright	SD	Sanctifying Grace
Lisa Kerwin	ASD	Justifying Grace
David Tennant	ASD	Prevenient Grace
Sandy Vogege	ASD	Obstacles to Grace
Susan Wisner	BR	
Kathleen Bauer	ALD	Fourth Day
Jennie Heflin	ALD	Christian Action
Chris Khwaja	ALD	Priority
Annise Anderson	TL	Body of Christ
Peggy Bosse	TL	Discipleship
Laura Fightmaster	TL	Life of Piety
Yvonne Henry	TL	Priesthood of All Believers
Mary Melville	TL	Changing Our World
Mollie Behrmann	ATL	
Meredith Cox-Imes	ATL	
Angie Dodds	ATL	
Connie Fears	ATL	
Cincy Kareth	ATL	Grow through Study
Gail Giese	Music	
Kimberly Heileman	Music	
Erin Curry-Zeigler	Log	
Carrie Furnish	Log	
Kristin Kelly-Murray	Log	
Diane Brown	PS	
Patricia Davis	PS	

And I pray that you and all God's holy people will have the power to understand the greatness of Christ's love -- how wide and how long and how high and how deep that love is. Christ's love is greater than anyone can ever know, but I pray that you will be able to know that love. Then you can be filled with the fullness of God.

Ephesians 3:18-19, New Century Version



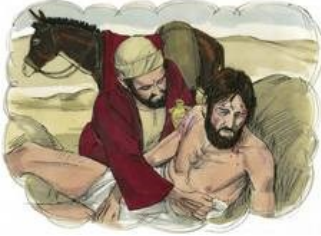
From Our Community Lay Director

In the Gospel of Luke (Luke 10:25-37), Jesus told a story about the man who asked, "What must I do to inherit eternal life?" Jesus answered, "What do you think?" The man replied, "To love God with all your heart, mind and soul and to love your neighbor as yourself." Jesus said, "You're exactly right, go and do that."

But then the man tried to trap Jesus by asking him

"Well just who is my neighbor?" I think he just wanted to know who he had to love or more importantly who he could exclude from his love.

Anyway, to answer his question, Jesus told him the parable of the Good Samaritan. You know the parable: there was a man who had been robbed and beaten and left half-dead and naked along side of the Jericho road. This, by the way, was a very dangerous road. Thieves and robbers often hid there waiting for their prey. A



priest came by, saw the man, but passed by on the other side. Then a Levite came by and he did the same thing. They both ignored the man in need. Then a Samaritan came along and took pity on the man. The Samaritan got off his donkey, bandaged his wounds, gave him some water and took him to a place where he could be cared for - and then he paid the bill! The Samaritan didn't know anything about this guy except that he needed help.

If we saw a person that had fallen onto hard times and could not get out, how would we respond?

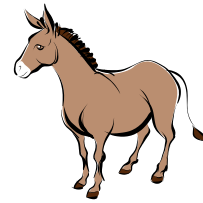
If we were empathetic, we might say, "I feel your pain!" If we were a self-righteous, religious person we may think, "Only bad people get themselves into situations like that!" Or a self-pitying person might say, "You haven't seen anything until you've seen how hard I have it!" Or a fire and brimstone preacher say, "You deserve your circumstances!"

I don't know if the Levite or the priest thought like any of these people, but I do know that they did not respond as the Samaritan did. The Samaritan didn't judge the man or categorize him. He didn't

think, "Well he shouldn't have been on the road in the first place." He didn't wonder if the man had brought this trouble on himself. The Samaritan did not put a label on him. He didn't think, "Well, if I help him, he'll just end up right back here again in the same situation; he'll never learn." No, all the Samaritan knew was that this man was in need so he did what he could do - he got off his donkey and he helped him!

Let's ask ourselves, "Who do we know that needs what only we can give?" "Who needs to hear what only we can say?" "Do we know someone who needs our help?"

Then let's GET OFF OUR DONKEYS!



De Colores!

Ev Gilming,

Community Lay Director

WALK TO EMMAUS LANYARDS

Are you interested in helping to make the lanyards for the "Christ is Counting on you" crosses? The ones pilgrims receive at the end of a walk? I have instructions I can email you if you are interested. Here is a supply list to get you started.

FRENCH KNITTER - This is a tool used to create the lanyard. It is also known as a Knitty Knobby or Spool Knitter. The Susan Bates Crystalites French Knitter (small version) works well, and is available through Amazon, Hobby Lobby and Walmart.



YARN - Red Heart Classic, 950 Mexicana Color, worsted weight, 4 ply. Each skein will make approximately 8-10 lanyards.

Email me at Lstmyers@cinci.rr.com and I will forward you the directions. Thanks!

CHILDCARE

Childcare is available for Candlelight, Closing and Gathering events. The cost is \$5.00 per child per event. Make reservations at least 48 hours before the event.

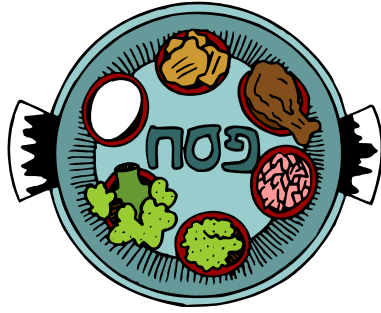
Cancellations must be made no less than 24 hours before the event. For reservations, contact Rebecca Homan at 513-979-8193 or by email at rhoman@hpcumc.org.

You will need to provide your name, phone number, and the name and date of the event for which you need child care. You will also need to provide the names and ages of your children.

Payment is due at the time of the event.

Why Do We Celebrate Seder?

The Seder Meal has been happening for thousands of years. **Seder** is the traditional **Passover** Week Dinner celebrated by the Hebrews since the Exodus.



Somehow, during the hustle and bustle of this week, Jesus had arranged for a place to have this dinner. He sent His disciples into Jerusalem to find this place and to prepare for this dinner.

The Passover meal that was

It is the Hebrew Thanksgiving, giving thanks to God for deliverance and redemption. **Seder** is also called the **Passover** Dinner, commemorating the protection of God as the Angel of Death passed over every family protected by the Blood of the Paschal Lamb.

To many of us, we know the meal as "The Last Supper." You may recall Jesus saying it in Luke 22:15, "*With fervent desire I have desired to eat this Passover with you before I suffer.*"

"*This Passover...*" was The Seder Dinner. This annual ceremony and celebration that had been commanded by God, brought most religious minded Jews to Jerusalem every year. And, this is the ceremony and celebration that had brought Jesus to Jerusalem almost every year of His life.

the turning point between His triumphant entry and His death on the cross. The Passover meal, with all of its symbolism, that was used by Jesus to explain His ministry one last time.

And, at the end of this dinner, Jesus asked His disciples to "***Do this in remembrance***" of Him. The early Church took this request seriously. The Seder dinner was the basis of their Christian Lord's Day Service for the next 300 years.

Seder is that famous Dinner called **The Last Supper**, hosted by Jesus for His disciples. **Seder**, as the setting for Jesus' **Last Supper**, was the event Jesus chose to announce The New Covenant. And it was at this **Seder** that Jesus asked all of us to ***do this in remembrance of Him***. Many of us have done part of the **Seder** at our various Communion Services, but the entire ceremony will bring us a profound sense of

meaning. As we prepare for the upcoming Holy Week/Passover Week, Our Emmaus Community will be observing the Seder Meal together on Thursday, April 3. If you have never participated in the Seder Meal before, you will not want to miss this opportunity.

Please join us on Thursday, April 3, for a special community Seder meal. This will take the place of our regular monthly Gathering.

The meal will be served in the Refectory (basement level) of Hyde Park Community UMC at 7:30.

Please contact Brian Pickens at 484-6059 or Linda St. Myers at 874-0514 if you have not already signed up. This is necessary since the Community is providing the meat. If you can, please bring a potato or vegetable dish to share.

Hey Sponsors! It's Never Too Early!

The dates for the next men's and women's walks for Fall 2014 are listed on page 8. Although that seems like a long way off, it will be here before we know it. If you are praying about inviting someone to attend an upcoming walk, now is the time to plant the seed. Consider inviting your prospective pilgrim to a Gathering. Don't wait until just a few weeks before the Walk date to issue the invitation. Many prospective pilgrims need time to prepare and to coordinate such things as time off work, child-care, appointments, and so forth. They don't need to feel locked in simply because they submit an application early and pay the \$25 deposit. If something comes up, we can hold the deposit for a future Walk. Being proactive will help to ease the stress some people might feel when we get within two weeks of a Walk start date and have fewer than the minimum number of pilgrims to have the Walk.

What To Do If You Want To Be On A Live-in Team

Our community leaders are often asked how one is selected to serve on a live-in team during a Walk weekend. That's not a question that has a short answer, but let's give it a shot. First of all, several thousand men and women have completed the 72 hour journey and have entered their Fourth Day. That is the beginning of the potential opportunity to serve, but there is more to it. First of all, if you have a desire to serve on a team, it's important to let the leaders of our community know about it. There are approximately 4,200 names in our Greater Cincinnati Emmaus database from which prospective team members are chosen. For each Walk, we need 21 non-clergy live-in team members, many of whom must be experienced team members. Generally, first-time team members serve as assistant table leaders (ATL), and there are only five ATLs on each team.

But if you are new to the community and have a strong desire to serve on future teams, don't let the numbers stop you! If you would like to be considered for a Team, there are three distinct ways to increase your chances of being called:

1. Update your database information if you have not already done so. You can do this by going to <http://gce.inetmember.com> or by using the link on our community website called "Community Database." Log in using your email address and password. If you have never accessed this database, contact Lori Markovic at lmarkovic7@gmail.com, and she will send you instructions.
2. Become active in behind-the-scenes servanthood. Sign up to help with Walk job boards and prayer boards. These sign-ups are checked before final team prospects are chosen. Attend

Gatherings, Candlelights, and Closings. And sponsor Pilgrims. The more you are involved, the more Leadership knows you are active. There is an expectation that community members serve the community in such roles for one year after your initial Walk before being considered for a live-in team. See the article below for more information on ways to serve your community.

3. Be or become active in a reunion/share group. This is a foundational model from the Walk to Emmaus weekend experience, and it is important for team members to embrace it and demonstrate support for it. Participation is highly encouraged for table leaders and assistant table leaders and mandatory for prospective lay directors and assistant lay directors.
4. Fill out an application to serve on a team. You can find this on our community website - http://www.cincinnatiemmaus.org/pdfs/application_to_serve.pdf. You may also sign up on the lists available at monthly Gatherings.

Please be aware that just because you have completed the 'tasks' shown above, it doesn't mean that you will be contacted immediately to serve on a live-in team. With four Walks a year, that is only 84 team members needed out of a pool of several thousand potential servants. It is important, though, to let the community leadership know that you are interested in serving. If we don't know you are interested, chances are very good you won't be selected. But even if you aren't contacted right away to serve on a team, do consider serving in a behind-the-scenes role. As you know, it takes over 200 people to make each Walk "the best one ever," so we need YOU and your willingness to serve as you were served when you were a pilgrim.

How Can I Give Back?

If you are looking for a way to serve our Community, why not try helping out during a men's or women's Walk weekend? There are many ways to do this besides serving on a live-in team. We always need help with serving and cleaning up after meals, greeting and taking luggage to the rooms, donations of snack foods for the weekends, sorting agape and so on. We also need people to sign up to pray for the pilgrims throughout the weekend.

Finding out what the needs are for each Walk is easy! Just go to our website, www.cincinnatiemmaus.org, and click on the "Job Boards" and/or the "Prayer Boards" tab(s). Then, find the spot where you are being called to serve and sign up. It's that easy!



AGAPE! How YOU Can Share God's Love

Remember all the wonderful surprise gifts you found at the dining tables and on your bed? Anonymous members of our Emmaus Community took the time to lovingly make them for you. You can join in sharing God's love with future pilgrims and team members by doing the same. For each walk, we need 55 pieces of the same item to provide to the pilgrims and team. If you want to minister in this way but need ideas, let me know. You can craft your agape on your own or join with members of your church or share group. All we ask is that you don't put your own name on it; church/group names are okay.

Team members receive bedtime agape each night and in their Sunday Packets. I ask that you would take the time to remember the team on these occasions by showing them that our community appreciates their time to be the hands and feet of Christ during this time. So your outpouring of love on them by just a simple thank you would be greatly appreciated.

Another way of agape can be shown on the weekend is to the 15 talk speakers. They receive letters and cards before and after their talks. Let's shower them with cards of "thank you" also.

Women's Walk #112 is just days away, and I am looking for agape. If you need ideas or would like to donate supplies for agape on future walks, please give me a call at 513-874-0514 or email me at Lstmyers@cinci.rr.com and I will help you out.

Agape Love,

Linda
St Myers



Spring Clean Your Library

Winter is almost over – finally! No doubt you are anxious to get outside into some fresh air and start your springtime routines, including some spring cleaning. Maybe you stayed inside all winter and spent some time reading some really insightful and interesting books. Perhaps you thought while reading them that you would like to share the author's insights with others. And besides, your bookshelves are getting just too full and you need more space for new books. Well, here's your chance to fulfill those goals.

You might remember that during your Walk, you had an opportunity to browse a book table that had been set up for you in conjunction with the "Growth Through Study" talk. Some of those

books were new and available for you to purchase. Others were free to take as a gift to you from members of our Emmaus community.



However you acquired them, we hope they helped you to grow in your Christian faith.

A few months ago, we decided to make all the books free to pilgrims, relying

entirely on the generosity and agape of the community. You can be a part of this effort by donating new or used books that

you have found helpful to you as you have journeyed through your life with Christ. Please consider giving future pilgrims the same opportunity. We would appreciate your gift of current titles, time-honored Christian classics (e.g., Mere Christianity), devotionals and Bibles. You can bring your gifts to the monthly Gatherings or contact Linda St. Myers (513-874-0514) or Brian Pickens (513-484-6059) to make pick-up or drop-off arrangements.

Contact Linda or Brian if you have any questions about this opportunity to share Christ's love with those who will journey with Him on upcoming Walks.

Chrysalis News and Notes



"Chrysalis" is the name chosen for the youth and young adult version of The Walk to Emmaus, its parent movement, because it symbolizes the spiritual growth that is essential between adolescence and adulthood. That growth is as crucial for youth as the cocoon is for the caterpillar. It is that precious time of nurturing a person's faith for discipleship. Get more info at www.cincinnati.chrysalis.org.

2014 FLIGHTS

Young Women's #45, Jun 27-29, 2014
Young Men's #42, Jul 25-27, 2014
Milford First United Methodist Church
541 Main Street, Milford, OH 45150

Give a young person the gift of "flying with Christ" on a Chrysalis flight. Be a sponsor!

With Change Come Adjustments

(Continued from page 1)

filling the need for people to serve and do clean-up for meals. Thank you! However, there is one major issue that we must address. With the close proximity of the conference room and dining area, meal servants who are working in the dining area must be very quiet when going about their tasks so as not to disrupt the conference room proceedings. Also, it is very important to **maintain the sanctity of the conference room.** To that end, we ask that meal servants not go beyond the rolling wooden dividers that are in place to separate the conference room snack area from the dining space. Please continue to park on the side

streets if you are serving breakfast or lunch on Friday. That keeps the main parking lot spaces free for the HPCUMC pre-school parents and staff.

Candlelight and Closing – Last month, we had a few minor issues with pilgrims and community members coming into contact with each other as the community gathered for these events. In our efforts to make the weekend as special as possible for our pilgrims and to maintain the impact of the surprises that are in store for them, it’s important for the community to limit their movement around the HPCUMC building to the areas designated. CANDLELIGHT is in the main sanctuary on the first floor. Please go

directly there. Restrooms are located on the first floor adjacent to the Welcome Center. For CLOSING, meet in the Welcome Center on the first floor. After the pilgrims move to the sanctuary for commissioning, the community will be directed to the refectory level and must remain as quiet as possible while awaiting instructions to enter the sanctuary from the back.

Sunday morning “tear down” – Great response from the community for this new task! Volunteers made quick work of removing bed frames and mattresses from the Little Theater and getting it reset for normal Sunday use. Thank you!

I Was in Prison.....A Call for Kairos Volunteers

Brothers and Sisters in Christ:

What is a life worth? Would you like to make a difference? Would you like to see a broken heart begin healing toward wholeness? Would you like to see walls being broken down; men and women crying on the inside for some love, hope, encouragement and purpose? This can be accomplished through Team Service in Kairos along with the support of your church. As Jesus states:

Heb. 13-3

“Remember the prisoners, as though in prison with them,since you yourselves also are in the body”. And, Matt 25:36 “I was in prison, and you came to Me!”

Kairos Inside, a ministry similar to the Walk to Emmaus, is a vital part of the

Kairos Prison Ministry International. You can learn more about Kairos at <http://kpmifoundation.org/index.php>. There are videos showing how God is changing lives behind the walls.

Governor Kasich wants to have Kairos in more Ohio prisons, but there is a shortage of volunteers to serve on

weekend teams. Additionally, the Kairos servants are getting older and could use some help. We need an infusion of lay people and clergy (21 years and older). If you feel nudged in the direction of ministering

to men and women in prison, you can find opportunities to do so at <http://mykairos.org/directory5oh.html>. And ask around - there might be a Kairos liaison at your church. The


commitments are much the same serving on an Emmaus team, such as team formation meetings prior to a Kairos weekend. One difference is that background checks are required for team members, so prospective new volunteers have to get started well in advance of a weekend event.

Do you have a fear factor? I did! Attending a closing caused fear to flee. One only needs to have their name as shown on their drivers’ license to attend a closing. This is the only opportunity for those outside to visit during a Kairos weekend.

I would be happy to answer any questions you have. You can contact me by phone at 513-404-9527, or via email at tommyboymartin@gmail.com.

Tom Martin, Greater Cincinnati Walk to Emmaus #22, Table of John.



 You can find us on Facebook! Look for us under Greater Cincinnati Emmaus Community and Greater Cincinnati Chrysalis. It’s a great way to stay in touch with your community!

2014 Board of Directors*Worshipfully Working Together*

Position	Name	Phone
Agape	Linda St. Myers	513-874-0514
Community LD	Ev Gillming	513-831-4540
Community LD Emeritus	Bob Evans	513-583-5052
Community SD	Rod Fightmaster	513-508-4147 cell
Community ASD	Bob Clo	419-270-1604 cell
Education	Janet Steele	513-560-4912 cell
Good Shepherd	Jack Gillming	513-831-4540
Leadership Chair	Jeff Markovic	513-260-4783
Logistics	Kristin Kelly-Murray	513-633-2150
Logistics	Leslie Jewett	513-560-6675 cell
Men's Registrar	Jennie Heflin	513-560-5331 cell
Co-Men's Registrar	Marvin Jones	513-967-5525 cell
Newsletter	Robin Shehan	513-474-2708
Outreach	Annis Anderson	513-961-0621
Outreach	Chris Khwaja	513-304-8201 cell
Outreach	Brian Pickens	513-484-6059
Secretary	Les Sper	513-398-9280
Social	Mollie Behrmann	513-675-2135 cell
Social	Tracy Cole	513-259-1900
Supplies	Sharon Wright	513-404-0456 cell
Treasurer	Susan Wisner	513-561-3156
Webmaster	Aaron Smith	513-544-1060
Women's Registrar	Linda Evans	513-680-5455
Women's Registrar	Lisa Linne	513-289-6706
Worship	Todd Whitman	513-439-4394
Worship	Kimberly Heileman	513-349-4612
Hyde Park CMUC Liaison	Sharon Michaelson	513-761-5571

2014-2015 CALENDAR**Upcoming Emmaus Walks**

Women's Walk #112, Mar 20-23, 2014

Men's Walk #95, Oct 16-19, 2014

Women's Walk #113, Nov 13-16, 2014

Men's Walk # 96, Feb 19-22, 2015

Women's Walk #114, Mar 19-22, 2015

Candlelight, March 22, 8:30pm

Closing, March 23, 4:00pm

Board Meeting, Monday, March 31, 6:30pm

Gathering, Thursday, April 3, 7:30pm

All Emmaus events take place at

Hyde Park Community UMC

1345 Grace Avenue

Cincinnati, OH

Sponsor training before Gatherings—6:30 in the parlor

Please make childcare arrangements before attending

Candlelight and Closing. It is inappropriate for

children to be present at these services. See page 3 for

details on using our coordinated childcare.

Christ is Counting On You!



ADDRESS SERVICE REQUESTED

(513) 871-1345

Cincinnati, OH 45208

1345 Grace Avenue

Hyde Park Community United Methodist Church

Greater Cincinnati Community

Emmaus

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